



## **USATF Cross Country and Masters LDR**

### **2000 Master Harriers of the Year Report**

The inaugural USATF 2000 Master Harriers of the Year award winners were announced by the Masters LDR Committee at the Annual Meeting in Albuquerque, NM, on December 2<sup>nd</sup>. Selection was based on the age-graded results of the four Masters National Cross Country Championships held between annual meetings of USATF. Care must be taken when considering age-graded results in cross country. Be sure to compare each championship race as a separate event and not to rate one race's results against another due to differences in conditions like weather, terrain and accuracy of measurement.

#### **2000 Winners:**

Master Cross Country Male Harrier of the Year     **Tom Dalton**  
Master Cross Country Female Harrier of the Year   **Carolyn Smith-Hanna**

1. USA Fall National Cross Country Championships,  
12/5/1999 Long Beach, CA
2. USA Winter National Cross Country Championships,  
2/13/2000 at Greensboro, NC
3. USATF National Masters 8k Cross Country Championship,  
11/4/00 at Pasco, Washington
4. USATF National Masters 5k Cross Country Championship,  
11/19/00 at Holmdel Park, Holmdel, NJ

**USA Fall National Cross Country Championships**  
December 5, 1999 at El Dorado GC, Long Beach, CA  
10k

**Top 5 Age Graded Master Men**

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Age Grade</u>
1	Mark Donahue	40	31:10	1	89.42%
2	Ivan Huff	40	31:27	2	88.61
3	Rich Myers	54	35:30	40	87.45
4	Richard O'Brien	50	34:36	21	86.81
5	Tim Minor	41	32:21	3	86.76

**Top 5 Age Graded Master Women**

	<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Age Grade</u>
1	Sabrina Robinson	41	36:33	1	86.10%
2	Yvette LaVigne	59	44:01	12	84.54
3	Melody Anne Schultz	58	43:50	11	84.00
4	Marcella Teran	44	39:31	3	81.66
5	Kimberlee Rouse	44	39:36	4	81.05

## USA Winter National Cross Country Championships

February 12, 2000 at Bryan Park GC, Greensboro, NC

4k

This was the 2<sup>nd</sup> annual Winter Cross Country Nationals and served as the USA Open and Junior World XC Cup Team Trials. There was a Masters' 4k race with a very small field of 13 Master Men and 1 Master Woman. This was an unofficial national cross country championship for Masters. Known results are listed below with no age grading.

### Complete Master Men 4k – Overall Results

1	Joe Hall	42	14:44	
2	Steve Vigil	45	14:55	
3	Sam Walker	40-49	15:03	
4	Colin McArdle	56	15:05	Probable Age Graded Champion
5	Van Townsend	40-49	15:11	
6	Don Place	50-54	15:48	
7	Paul Salerni	40-49	16:40	
8	Richard Smethers	40-49	17:32	
9	Steve Shields	40-49	18:04	
10	Tom Jones	50-59	19:28	
11	Miles Vaughn	40-49	20:09	
12	Court Jones	64	21:28	
13	Bob Ryan	50-59	23:24	

### Complete Master Women 4k – Overall Results

1	Margaret Drew	46	18:49	
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**USATF National Masters 8k Cross Country Championship Results  
November 4, 2000 at Sun Willows GC, Pasco, Washington**

Known results are listed below with no age single year ages.  
Thus age grading is not available.

M40

Arthur Kelly	26:53
Jeff Rahn	27:24
Kevin Adams	27:47

M45

Andy Lyle	26:58
Michael Pinocci	27:02
Bob Murphy	28:11

M50

Herm Atkins	26:35	Probable Age Graded Champion
Alan Beck	28:56	
Philip Welch	29:45	

M55

Jeff Corkill	28:20
Robert Pratte	30:40
William Leahy	31:00

M60

Thomas Weddle	31:03
Dennis O'Hare	31:43
Reed Miller	34:14

M65

Bill Iffrig	33:17
Roger Davis	33:50
Bill Harper	34:52

M70

Bob Dolphin	39:27
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M85

Jule Crabtree	74:34
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W40

Kim Bender	30:12	Probable Age Graded Champion
Regina Joyce	30:51	
Laurie Sax	33:02	

W50

Jeannette Gross	34:24
Catherine Holmes	35:17
Barb Spannaus	39:52

W55

Dorie Quam	35:49
Connie Graham	39:17
Patricia Keppner	39:22

W65

Suzy MacLeod	53:59
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**USATF National Masters 5k Cross Country Championship Results  
November 19, 2000 at Holmdel Park, Holmdel, NJ**

**Top 10 Age Graded Master Women**

1. Carolyn Smith-Hanna	Pittsford, NY	50 F	19:44	4	83.5%
2. Janice Morra	Boonton, NJ	42 F	19:16	1	79.8%
3. Marybeth Evans	Scarsdale, NY	41 F	19:26	2	78.4%
4. Jean Chodnicki Stemm	New York, NY	41 F	19:33	3	78.0%
5. Laurie Kinsella	Rochester, NY	46 F	21:13	7	75.0%
6. Betty Shonts	Morris Twp, NJ	52 F	22:29	16	74.7%
7. Diane Sardes	North Tonawanda, NY	48 F	21:58	13	73.7%
8. Jane Parks	Morristown, NJ	47 F	21:55	12	73.3%
9. Sue Rowley	Rochester, NY	42 F	21:10	6	72.6%
10. Stacy Cramer	New York, NY	41 F	21:03	5	72.4%

**Top 10 Age Graded Master Men**

1. Tom Dalton	Potterdam, NY	42 M	15:38	1 40+	87.6%
2. David O'Keeffe	Orchard Park, NY	41 M	16:14	2 40+	83.7%
3. Bob Carroll	Forestville, NY	44 M	16:36	4 40+	83.6%
4. Donald Di Donato	Hicksville, NY	43 M	16:33	3 40+	83.3%
4T. Terry Delph	Coopersburg, PA	55 M	18:10	4 50+	83.3%
6. Tim McMullen	Churchville, NY	47 M	17:07	15 40+	83.0%
6T. Harold Nolan	Navesink, NJ	53 M	17:57	2 50+	83.0%
8. Charlie McMullen	Rochester, NY	49 M	17:24	25 40+	82.9%
9. Roger Price	Piscataway, NJ	51 M	17:43	1 50+	82.7%
10. Bill Borla	Torrington, CT	60 M	19:14	1 60+	82.4%

Note: There were three separate races for Master Men: M40+, M50+ and M60+ over the same 5k course. Age Graded rankings were combined.